

# Family of Mentors Program Overview

2024-2025 Academic Year



STATE UNIVERSITY OF NEW YORK  
COLLEGE OF OPTOMETRY

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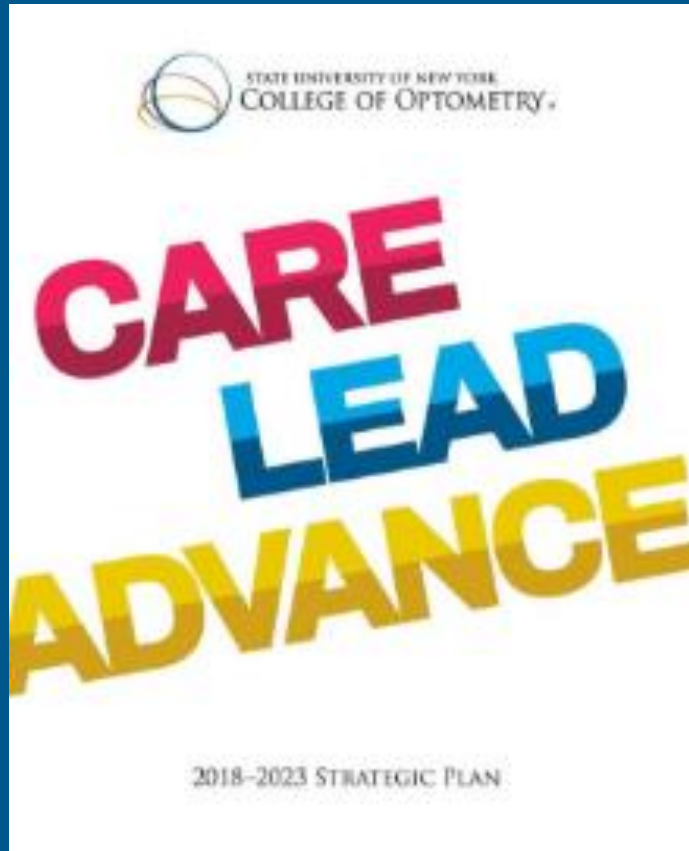
CAREER DEVELOPMENT CENTER

# What Is Our Family of Mentors Program About?

- Online (and in-person) program developed to:
  - Match OD student with an OD of choice, utilizing the vast network of alums in our SUNY Eye Network
  - Enhance students' personal, academic and career development
  - Expand professional networks for students and mentors



# This Comes Directly From Our Strategic Plan



- Goal 1: Enhance the student experience through programs that promote student and alumni success
  - Develop meaningful connections between students and alumni that support career development, placement, networking and continuing education

# Program Goals

- Enhance students' academic and career development, and overall satisfaction a SUNY
- Help students think about and refine career goals earlier
- Provide students an opportunity to learn how to develop at professional network
- Establish strong relationships between students and mentors that last beyond SUNY
- Provide a meaningful avenue for alumni, professional organizations and partners to stay connected with the College

# Program Expectations For Mentors

- Go over this overview of the program
- Monthly or bi-monthly communication with your mentee
  - IE text or email
- Quarterly meetings with your mentees
  - In person or virtual
  - We recommend in-person if you are in the NYC area
  - Mentees are given up to a **\$50 reimbursement total/year** to encourage in person meet ups
- Mentorships should be expected to run the whole academic year until May 2025
  - The mentor/mentee match is evaluated each year
  - If both parties agree at the end of 3rd year, the match can be extended another year



# Contact Us If You Have Questions!

- **Deborah Wang, OD**

- Director of Career Development and CSTEP Project Director at SUNY Optometry
- 212-938-5505
- [dwang2@sunyopt.edu](mailto:dwang2@sunyopt.edu)

- Mentoring resources for mentors and mentees will be housed at:
  - [www.sunyopt.edu/mentoring](http://www.sunyopt.edu/mentoring)